



**RCSS**  
RAJAGIRI COLLEGE OF  
SOCIAL SCIENCES  
(AUTONOMOUS)

**RAJAGIRI COLLEGE OF SOCIAL SCIENCES  
(AUTONOMOUS)**

**Rajagiri P.O - 683104, Kalamassery, Kochi, Kerala**

**Phone: +0484 – 2911507/1591 or 1594, Fax: +91 484 - 2532862**

**E-mail: [psyesta@rajagiri.edu](mailto:psyesta@rajagiri.edu)**

**Website: [www.rajagiri.edu](http://www.rajagiri.edu)**

**PSYESTA 2K22**

**The rule book for Higher Secondary School Students**

### **RAJAGIRI CENTRE FOR BEHAVIOURAL SCIENCE AND RESEARCH**

Rajagiri Centre for Behavioural Science and Research (RCBSR) was established in September 2016 at Rajagiri College of Social Sciences, Kalamassery, Kerala. This centre provides high quality Undergraduate and Post-graduate education with a curriculum focused on the Science of Brain and Behaviour and its applications.

Along with the entire faculty of Rajagiri Centre for Behavioural Science and Research, we welcome you!

### **PSYESTA**

PSYESTA is a National fest organized by Rajagiri College of Social Sciences since the inception of the Psychology Department. This fest is for all Higher Secondary School students. The main objective of the fest is to showcase the talent and creativity of Higher Secondary School students, facilitate interaction among them, foster their sportsman spirit and showcase their skills and win cash prizes through their skill display. The events of PSYESTA include Doodling, Poetry, Singing and Photography.

## GENERAL RULES AND REGULATIONS

### IMPORTANT

**These competitions are only for HSC/PUC students.**

- 👉 The events will be conducted in the online mode, so participants are requested to sign in to the given link that will be provided.
- 👉 Only Appreciation prizes will be awarded if the number of individuals registering for the event is less than 3.
- 👉 The decisions of the judges shall be final.

## RULES FOR THE EVENTS

### 1. Participation

- Participation is exclusively for Higher Secondary students.
- Any number of teams from a school can participate in the events.
- Participation certificates will be issued to all the participants.

### 2. Registration

- Registration is mandatory and is free.
- Confirm your participation by sending an email to [psyesta@rajaqiri.edu](mailto:psyesta@rajaqiri.edu) or visit our website [www.rajaqiri.edu](http://www.rajaqiri.edu) .
- Last date for Registration: 03 March 2022

### 3. Event Participation

- The link to join and participate will be provided on March 4<sup>th</sup> 2022.
- Individuals should login to the link prior to the time given.

### 4. Order of presentation of events

- Order of presentation will be informed along with the mail with link to participate.

### 5. Judgment

- The decision of the judges will be final and binding.

### 6. Evaluation criterion:

- Events will be evaluated based on the criteria decided.

<b>PSYESTA 2K22: EVENTS</b>		
<b>Rorschach</b>	Doodling	Individual Event
<b>Rationalization</b>	Poetry	Individual Event
<b>Perception</b>	Photography	Individual Event
<b>Solo</b>	Singing	Individual Event

## DETAILED RULES AND REGULATIONS FOR EACH EVENT

-

### **RORSCHACH - Complete the Ink Blot -Doodling**

1. This is an individual event.
2. Each participant will be given **1 ½ hour time**.
3. Participants have to make sense of inkblots on paper and incorporate that into their doodles creatively.
4. The soft copy of the document with ink blot will be mailed to the participant's registered mail ID **3 hours** prior to the event so that they can take a print out of the same and be ready with it for the event. .
5. Participants are not allowed to scribble anything on the paper prior to the start of the competition.
6. Materials for this event will be limited to a black pen and printout paper. Participants cannot include colours, pictures or cut-outs etc. of any sort.
7. Techniques can include shading and layered patterning.
8. Completed doodled work should be scanned and sent to [psyesta@rajagiri.edu](mailto:psyesta@rajagiri.edu) within 10 minutes after the completion of the competition event. Works received after this time limit will be disqualified.
9. Organizers will not be responsible for the technical issues faced by the candidates (Low Internet Connectivity, printing & document scanning difficulties of the participant etc)

Note: If the number of participants registering for the event is less than three, the contest will be held but only appreciation prizes will be awarded to the participants.

## **RATIONALIZATION – English Poetry**

1. Language : English
2. Topic shall be given on the spot.
3. Participants shall have 60 minutes to write the poem.
4. The judgement shall be based on the style of presentation, structuring of ideas, creativity and clarity.
5. Completed poetry should be emailed to [psyesta@rajaqiri.edu](mailto:psyesta@rajaqiri.edu) within 10 minutes after the completion of the event. Works received after this time limit will be disqualified.
6. Organizers will not be responsible for the technical issues faced by the candidates (Low Internet Connectivity, Document scanning difficulties of the participant etc.)

Note: If the number of participants registering for the event is less than three, the contest will be held but only appreciation prizes will be awarded to the participants.

## **PERCEPTION – Story through Photography**

1. Photographs can be clicked using any type of camera – digital or mobile and can be colour or black and white.
2. Five to six photos must be submitted by the participants, which should convey a story based on the topic given.
3. The topic will be announced 4 hours before submission deadline.
4. Only one entry is allowed per participant.
5. The submitted photographs must be geotagged showing date and time.
6. Filters and cropping in the camera can be used.
7. Participants can take a maximum of 90 seconds to present the story.
8. Editing is not allowed.
9. Obscene and indecent photos will not be permitted.
10. Judging Criteria: Overall composition, Creativity, Inspirational Power

Note: If the number of participants registering for the event is less than three, the contest will be held but only appreciation prizes will be awarded to the participants.

## SOLO - Song

1. The theme for this year is SURVIVAL
2. The total time on stage will be 6 minutes.
3. Original compositions are allowed and may fetch extra points.
4. No song shall contain any offensive, obscene, disrespectful actions or gestures.
5. Songs should be in English or Malayalam. Film songs are not allowed.
6. A maximum of only 3 solo participants are possible from one college.
7. Rap portions or refrains are not permissible.
8. Use of karaoke, backing tracks or instruments are not allowed
9. Judging Criteria: Pitch, Rhythm, Voice Modulation, Originality, Overall Impact
10. Decision of the judges will be final and binding.

Note: If the number of participants registering for the event is less than three, the contest will be held but only appreciation prizes will be awarded to the participants.

